

HILLSIDE COMMUNITY HUB
School Mead, Abbots Langley WD5 0LA

A local space for support, information and advice on...

**Debt &
Budgeting**

**Job
Support**

**Improve
your
Health**

**Domestic
Abuse**

**Energy
Advice**

**Courses &
Workshops**

For information visit threerivers.gov.uk/hillsidecommunityhub
email Partnerships@threerivers.gov.uk or call 01923 776611

 **THREE RIVERS
DISTRICT COUNCIL**

Supporting you with...

Learning and Work

Tuesdays, 9am - 5pm

Providing free help, advice and support for those looking for work or those who are finding times tough.

- Job Club
- Workshops & skill building
- Debt and Budgeting
- Energy Saving Advice

Be Healthy

Wednesdays, 9am - 1pm

A one stop shop providing information, advice and support to improve your health and wellbeing.

- Courses to improve your health and wellbeing
- One to one support
- Three Rivers Healthy Hub
- Herts Mind Network

Domestic Abuse Support

Thursdays, 2pm - 4pm

Drop in for information to increase understanding of domestic abuse and support available.

