

Healthy hub

Three Rivers



Have you seen what your local Healthy Hub is doing to help people?

Wednesdays 12noon - 3pm

**The HIVE, Leavesden Country Park,
College Road WD5 0NX**

- One to one discussion about your emotional health & wellbeing
- Access to information sessions, workshops and activities
- Information and signposting to local organisations and support
- Free and confidential Chlamydia and Gonorrhoea testing kits and condom packs



For more information or to book an appointment call **07375 365329**
Or you can email threerivershealthyhub@hertsmindnetwork.org
Visit threerivers.gov.uk/healthy-hub