



Take care of your sexual health

*Time for that annual STI test?
In need of condoms?*

Free and confidential Chlamydia and Gonorrhoea testing kits and condoms.

Collect what you need from:

Rickmansworth Food Bank
Methodist Church, Berry Lane,
Rickmansworth WD3 7HJ
Tuesdays 12 noon – 3pm and Fridays 1pm - 3pm.

The HIVE Leavesden Country Park, College Road WD5 0NX
Wednesdays 12noon-3pm.

For a free, confidential chat contact Charlie on 07375 365329 or email threerivershealthyhub@hertsmindnetwork.org

For more information on how the Healthy Hubs can help you, visit: threerivers.gov.uk/healthy-hub

For a full list of sexual health services and support, visit: hertfordshire.gov.uk/sexualhealth

