



# Please Become A Regular Donor



## Make a Regular Giving Donation

We rely on fundraising to continue our valuable work.

A significant proportion of this comes from events and activities organised by loyal, hard-working supporters like yourself.

The only sustainable way to ensure the Charity can maintain and provide this care today, tomorrow and in the future, is by knowing that there is a reliable

**If you wish to donate or support us regularly,  
please visit our website**

## Calendar of Activity 2020

### February

#### Sponsored Dance-A-Thon

**Saturday 8th February**

Dance to club classics and get fit for Valentines with Clubbercise. Sign up on our website.

### March

#### Quiz Night with Shaun Wallace

**Friday 20th March**

The Chase quiz master is back to host the annual spring quiz. Bookings open on website from Jan 10th.

### May

#### Gardeners Sale & Coffee Morning

**Saturday 2nd May - 9.30am to 12.30pm**

Come along and browse, there will be something for all gardeners.

#### On Your Bike

**Sunday 17th May**

Get on your bike and pedal in aid of MSH. The route offers cyclists a challenging course throughout the beautiful countryside.

### June

#### Ladies in the Night Walk

**10 Years of Memories**

**Friday 19th June**

Join us as we step back in time and reflect on our biggest event throughout the years. Choose between a 10 mile or 5.5 mile route.

### Annual Golf Day - Thursday 25th June

### September

#### Motoscape Rally

**Saturday 5th September**

Fancy the Cannonball Run or Gumball Rally in 2020. Put off by the cost! Take part in a cheaper European rally for all. The rally starting point is St Omer in France (about 40 minutes from Calais) This is where everyone meets and where all stay for the first night. See website for more info.

### November

#### Halloween Quiz Night - Date TBC

Join us for our spook-tastic Halloween quiz with ghostly goings on!

### December

#### Light up a Life - Date TBC

#### Store Tin Collections & Gift Wrapping

If you would like to volunteer your time please contact us by email at [mshevents@michaelsobellhospice.co.uk](mailto:mshevents@michaelsobellhospice.co.uk)

#### Clash of the Choirs

**Saturday 12th December**

Calling All Choirs! A fabulous collection of choirs, all themes and sizes. If you'd like your choir to be part of this event, where the audience decides who gets the trophy on the night, please contact: [ochambers-henry@michaelsobellhospice.co.uk](mailto:ochambers-henry@michaelsobellhospice.co.uk). All proceeds raised to support Michael Sobell Hospice, Northwood.

[www.michaelsobellhospice.co.uk](http://www.michaelsobellhospice.co.uk)

Registered Charity No.1079638