



**Healthy**  
**hub**  
Three Rivers

# Overview

- Background
- Scope
- Project Objectives
- Delivery Approach in Three Rivers

# Background – District Partnership



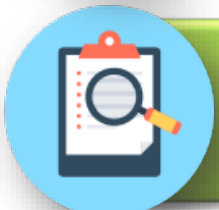
A partnership of 10 District and Borough Councils and HCC committed to Public Health



£2.3million invested over 5 years, 2014-2019



£600,000 of match and partnership funding to add to Public Health investment



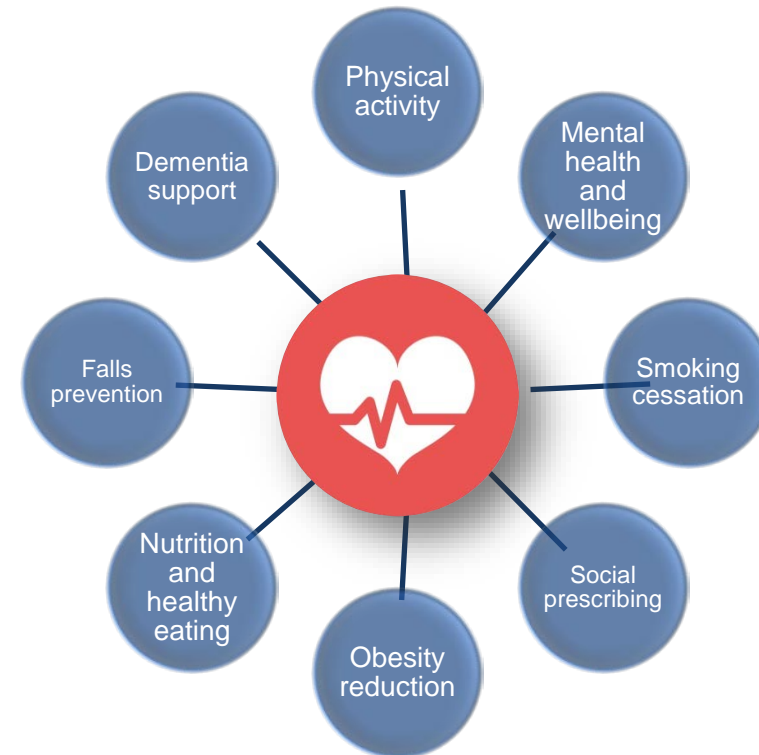
213 projects delivered in partnership with community and voluntary organisation's



30,000 residents improved their health and wellbeing

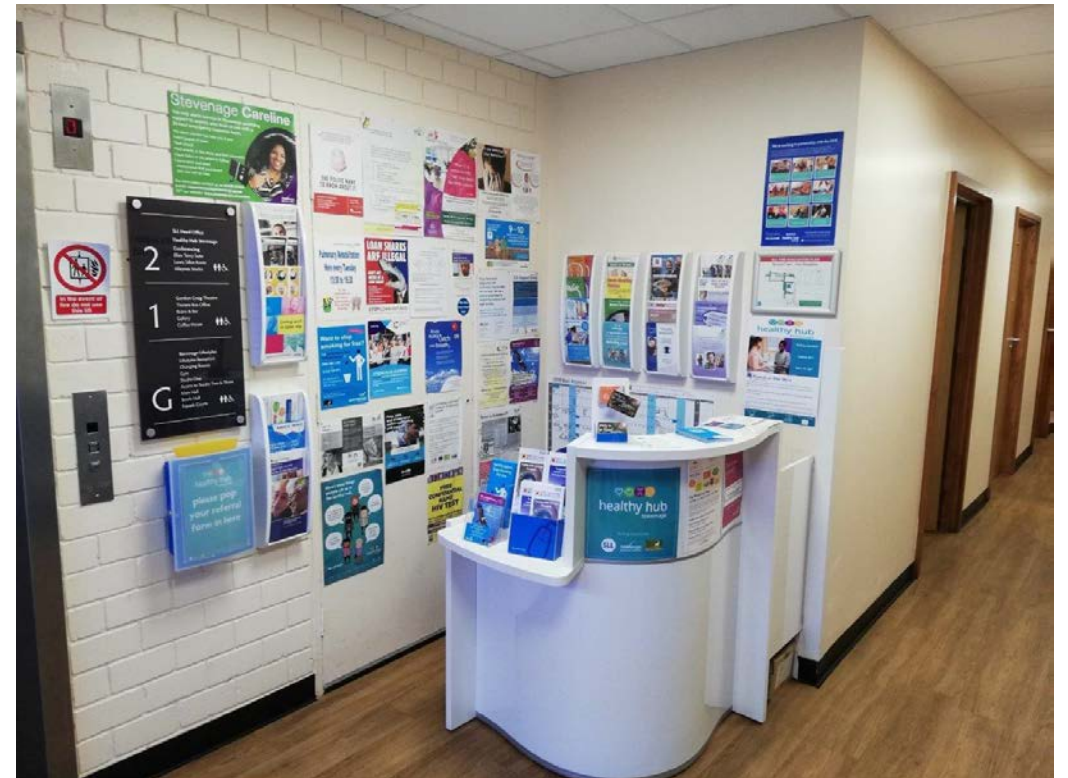


Future plans for 2019 – 2021 will see a further £1,000,000 invested into a network of Healthy Hubs across Hertfordshire



# How will the Healthy hubs be delivered?

- £1m investment from Public Health over 2 years across Hertfordshire
- Research
- Stevenage Healthy Hub
- Workshops
- February 2019 PH Board
- Hubs will be in place by Dec 2019 – a start



# Objectives

1

- The Hub becomes a point of access for a variety of health and wellbeing services and is widely known as a Healthy Hub.

2

- To reduce social isolation and improve the health and wellbeing of residents.

3

- To increase access to support services through advice, signposting and referrals

# Three Rivers Healthy Hub

- Physical Hub at Step Up, South Oxhey.
  - Signposting and advice
  - Coffee Mornings
  - Activities and groups
  - Talks from professionals.
  - Health campaigns



# Three Rivers Healthy Hub

- Pop Up Hubs
  - Pop Up Hubs will take place throughout the year in Leavesden and Mill End.
  - Currently in planning phases.
  - Linking in with Adults With Complex Needs Projects
- Community Support Service
  - provide advice, information, onward referral and holistic support to people who are experiencing mental ill-health or need help with their mental wellbeing.

# Links to wider priorities

Our Healthy Hubs will assist with:

- ✓ Community Strategy priorities
- ✓ Social Prescribing & Community Navigators
- ✓ Public Health, Health Improvement service delivery, smoking cessation, weight management, sexual health advice, drug and alcohol support
- ✓ Health promotion campaigns – such as One You, #Justtalk, Never too late





Thank you,

Any Questions?

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