

Mental Health Overview

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Mental Health

- Mental Health – a state of well-being in which every individual realizes his or her own potential, can cope with the normal stresses of life, can work productively and fruitfully, and is able to make a contribution to her or his community (World Health Organisation 2014)

Hertfordshire Adult Mental Health Strategy 2016-2021

Produced by:

- Hertfordshire County Council
- Clinical Commissioning Groups (NHS)
- Hertfordshire Health and Wellbeing Board
- Direction of travel for improvements in planning and service delivery
- 5 year action plan

Spend (2014/15)

- HCC = £21 million
- NHS = £80 million

Summary of
Hertfordshire
Adult Mental Health
Strategy 2016-2021



Mental Ill Health Statistics

- 17% of 16-74 yr olds will experience some common form of mental health disorder in any year = 10,615 adults in Three Rivers per year
- Only 15% were being targeted to have access to mental health services – new strategy increases this target to 25%
- 2% of the adult population have severe Mental Health Condition = 1248 adults in Three Rivers
- 4.03% of the 65+ population in Herts are known to be living with some form of Dementia = 592 people in Three Rivers

What does this mean for Three Rivers District Council?

- Community Leadership
- Homelessness and Housing
- Anti-social behaviour
- Environmental Health
- Safeguarding and Mental Capacity
- Promoting and enabling mental wellbeing

Community Leadership

- Challenging the Stigma of Mental Ill-Health – World Mental Health Day
- Suicide Prevention – multi-agency staff awareness training
- 5 a day – Connect, Be Active, Keep Learning, Give to Others, Be Mindful
- Staff mental wellbeing – Mental Health Lite Training for staff and Managers, Employee Assistance Scheme
- Dementia Awareness Training
- Health and Wellbeing Partnership Priority

Homelessness and Housing

- Mental health is a recognised category of priority need for temporary accommodation
- Priority for in-district accommodation includes:
Applicants with a severe and enduring mental health problem who are receiving psychiatric treatment and aftercare provided by community mental health services and have an established support network where a transfer of care would severely impact on their wellbeing
- Challenges of housing providers not accepting people without adequate floating support
- Limitation of sheltered accommodation, residential care and rehabilitation recognised in Hertfordshire Strategy
- Poor discharge planning and bed blocking in the NHS
- Impact on Discretionary Housing Payment applications

Anti-social Behaviour

- 72 out of 200 ASB cases involved clients with mental health issues over a 2 year period (36%)
- Clients can be complainants and/or perpetrators
- 25/30 participants accessing the Adults With Complex Needs Pilot Programme in the District had mental health problems. 12 have ASB concerns.
- Community Support Worker Service – will target support to 130 residents with Common Mental Health Disorders presenting to Housing, ASB, Environmental Health, Housing Providers and the Police
- Families First Caseload – 73% of presenting families (83 in one year) have health problems – predominantly mental health
- Domestic Abuse Caseload – medium risk caseworker averaging 47 referrals per month – many people with mental health issues
- PREVENT – majority of cases referred to Channel Panel involve people with mental health disorders or learning disabilities

Environmental Health & Protection

- Noise nuisance complaints
- Hoarding
- Pest Control
- Recycling contamination

Safeguarding and Mental Capacity

- Safeguarding Children – Mental health is one of the toxic trio present in most child protection cases
- Early help referrals for children and families
- Safeguarding Adults
 - challenges of self neglect e.g. Hoarding
 - Poor response from single point of access
 - Early help referrals through the voluntary sector
- Mental Capacity – procedures developed and staff to be trained to ensure compliance with Mental Capacity Act

Enabling Mental Wellbeing

- Provision of affordable housing
- Access to benefits
- Provision of leisure – social activities
- Play provision for children and young people – referral scheme
- Provision of physical activity
 - Dementia targeted activity
- Job clubs – employment skills, workplacements
- Voluntary sector funding – CAB, Homestart, Herts MIND Network, Mencap etc.

Conclusions

- There is a significant cost impact on Three Rivers District Council due to mental ill-health in the areas of homelessness, temporary accommodation, DHPs and ASB casework.
- The services provided by the Council support mental wellbeing – housing – leisure – benefits - grants.
- The services provided in partnership are working towards providing earlier intervention to prevent crisis.
- We safeguard children and adults with mental health problems and seek to make early intervention referrals.