

## THREE RIVERS DISTRICT COUNCIL

At a meeting of the **Local Strategic Partnership Board** held in the Penn Chamber, Three Rivers House, Rickmansworth, on Wednesday 8 July 2015 from 10am to 11.09am.

Present:	Steven Halls (Chairman)	Three Rivers District Council
	Councillor Ann Shaw OBE	Three Rivers District Council
	Councillor Roger Seabourne	Three Rivers District Council
	Tina Barnard	Watford Community Housing Trust
	Heather Brooks	CRI Spectrum
	Sue Coster	DWP
	Councillor Teresa Heritage	Herts County Council
	John Hughes	Probation Service
	Marion Ingram	Herts County Council
	Elsbeth MacKenzie	Thrive Homes
	Billy McGill	Herts Fire and Rescue Service
	Jim McManus	Director of Public Health, Hertfordshire
	DI Phil Moss	Hertfordshire Constabulary
	Chris Pearson	West Herts College
In attendance:	Shivani Dave	Three Rivers District Council
	Karl Stonebank	Three Rivers District Council
	Andy Stovold	Three Rivers District Council
	Helen Wailling	Three Rivers District Council

Apologies for absence were received from Chief Inspector Deirdre Dent (Hertfordshire Constabulary), Marion Seneschall (CAB) and Councillor Len Tippen (Three Rivers District Council). DI Phil Moss was present as a substitute for Deirdre Dent.

### **LSP1/15 MINUTES OF THE PREVIOUS MEETING**

The minutes of the meeting held on 4 March 2015 were agreed by the Board and signed by the Chairman.

### **LSP2/15 MATTERS ARISING NOT ON THE AGENDA**

There were no matters arising.

### **DECISIONS**

#### **LSP3/15 HERTFORDSHIRE HEALTH AND WELLBEING BOARD**

The Board received a presentation from the Director of Public Health, Hertfordshire.

During the presentation the following points were made:

- The Health and Wellbeing Board (HWB) membership included Chief Executives of NHS Clinical Commissioning Groups, Directors of Adult Social Care, Public Health and Children's Services, and two District Council representatives.
- The aims of the HWB included delivery of a Joint Strategic Needs Assessment, a Pharmaceutical Needs Assessment and a Health and Wellbeing Strategy (a refresh was currently being produced).
- Scrutiny of Public Health integration in Hertfordshire had suggested that the integration had gone very well.
- An Early Years Strategy had been drafted.

- From October 2015 County Councils would be taking responsibility for health visitors.
- Hertfordshire had signed up to a 'Halve it!' approach to HIV diagnosis. There was particularly an issue for women being missed in diagnosis.
- The HWB Conference the next day would launch the 'Year of Mental Health.' This would include working in schools to reduce the stigma of mental health. A review of Child and Adolescent Mental Health Services had just been completed.
- A national pre-diabetes screening programme was being rolled out, and physical activity strategies were important in getting people moving to reduce weight and to reduce inflammation caused by sitting still for a long time.
- Prevention was the main message in the Health and Wellbeing Strategy.
- Early estimates of the avoidable cost for the following conditions in Hertfordshire per year: musculoskeletal health - £200m; obesity - £80m; poor management of long term conditions - £320m.

A Member suggested that health screening could shift cost, as it would lead people to live longer. The Director of Public Health said that primary prevention needed to be carried out at the same time as secondary and tertiary prevention, to avoid spreading the cost.

A Member asked how housing associations could be engaged. Councillor Heritage said that Hertfordshire County Council had a work stream which included housing and planning. The Herts Lifestyle Legacy Partnership also had a seat for housing associations.

#### **LSP4/15 GET ACTIVE – THREE RIVERS' PHYSICAL ACTIVITY STRATEGY**

The report presented the LSP Board Three Rivers' Physical Activity Strategy, 'Get Active,' and sought partner agencies' endorsement of the Strategy and its targets.

Andy Stovold told the Board the following:

- Physical inactivity (less than 30 minutes of physical activity per week) cost the health economy £1.3m a year in the Three Rivers District. 29% of adults in Three Rivers District were physically inactive. Data for children and young people was less reliable so no targets had been set on that. The improvement target for adults was to reduce the 29% by 1% per year.
- Active lifestyles were linked with community safety, to ensure environments for physical activity were safe.
- The quickest return on investment in physical activity was for employers, with a decrease in sickness absence. More work was needed on the return on investment and on modelling. An Action Plan would come out of the Strategy.
- The Council was preparing a Plan for Year 2 of the District funding Offer.
- The performance reward grant which remained was increasing due to the pay back of a loan made to the Maple Cross Club. The aim was to use this money to invest in software to aid in physical activity referrals. This software was already used around the UK. The purchase cost could be driven down if more District Councils were involved in the commissioning.

A Member said that a large number of residents they had spoken to had asked for outdoor gym equipment, as it was free of charge and local.

Councillor Theresa Heritage said that she was not sure that there was an evidence base for outdoor gym equipment, but suggested that this could be funded out of the District Offer or Housing Association funding.

Andy Stovold said that solutions which were free of charge were important. The current GP referral programme referred people to gyms, and some people could not afford to pay for this. Health walks and park runs were other examples of free activities.

The challenge was in triggering an inactive person to become active, and this was mostly done through referrals.

A Member referred to the software being proposed and said that this would have to be purchased in conjunction with the GP Localities for it to be effective.

A Member referred to the Early Years Strategy, and said that evidence showed that young children would play if provided with the right environment.

The Director of Public Health said that the National Play Council had identified a range of benefits in young people playing. Young people needed more physical activity than adults. The 'Twenty's Plenty' campaign aimed to make the environment safer for young people.

The Director of Public Health said that this Physical Activity Strategy stood out above many others in the country.

#### **ACTION AGREED**

**That the LSP Board endorsed the Physical Activity Strategy 'Get Active' and commits to working in partnership to achieve the priorities and targets laid out in it.**

**That the LSP Board agreed the capital expenditure on the referral software from the remaining balances of the Performance Reward Grant.**

#### **LSP5/15 HEALTH AND WELLBEING PARTNERSHIP UPDATE**

This report updated the LSP Board on the priorities set by the Watford and Three Rivers Health and Wellbeing Partnership for the use of its partnership budget and provided information on the Sexual Health profile of Three Rivers District.

In Three Rivers District, £4000 per year of the District Offer funding had been put aside for local voluntary organisations to bid for through the Health and Wellbeing Partnership. It had been agreed to prioritise bids in regard to tackling obesity and in regard to sexual health.

The following was noted:

- A sexual health profile published recently had shown that Watford had the highest HIV prevalence in Hertfordshire whilst Three Rivers District had the poorest late diagnosis rate for HIV in Hertfordshire.
- Although unsuccessful, a bid had been made to the Youth Innovation Fund to support a multi-agency approach to HIV testing and chlamydia screening in Three Rivers District. It remained a goal to increase joint promotion of services.
- There were opportunities for more partnership working with sexual health providers through the Cross-Herts Sexual Health Partnership Group.

- Herts Aid would have a stall at Skate Jam in the summer, which provided direct engagement at a high concentration event.
- West Herts College targeted work on HIV to 'at risk' students. Involving employers was a good idea.
- Voluntary organisations could bid for funding through the national HIV Prevention Innovation Fund.

**RESOLVED:-**

That the LSP noted the report and endorsed the priorities set for community grants for 2015-17 by the Watford and Three Rivers Health and Wellbeing Partnership.

That partner agencies should continue to support initiatives to target staff and customers of all organisations in key public health campaigns.

**LSP6/15 WORKFORCE HEALTH FOR MANUAL WORKERS ON LOW INCOMES**

Andy Stovold told the Board that low-paid and manual workers were consistently highlighted with the worst health outcomes, and that Board Members needed to consider as employers how they could do more targeted work to address this.

Three Rivers District Council had targeted employees in regard to smoking cessation and assistance with debt.

The following was noted:

- Thrive Homes ran occupational health workshops, and promoted activities such as Pilates.
- Organisations could join up locally in commissioning support.
- The County Council was rolling out 'Mental Health First Aid,' an educational course for employees, as there was a need to cut stigma.
- Other ways of supporting employees were in using what was already available, e.g. contracts with weight reduction clubs, or going for a team walk once a week.
- Andy Stovold was speaking at the Employers' Business Forum on 22 July 2015.
- Three Rivers District Council had started 'Step Jockey' for employees.
- Watford Community Housing Trust had given all employees pedometers and had run a competition on the number of steps walked per day.

**ITEMS FOR INFORMATION**

**LSP7/15 ADULTS WITH COMPLEX NEEDS UPDATE**

This report was for information only.

**LSP8/15 PERFORMANCE REWARD GRANT REPORT**

This report was for information only.

**ACTION AGREED:**

**That the LSP Board noted the income received, funding expenditure and project performance for the financial year 2014/15.**

**LSP9/15 AOB**

There was none.