

SPORT	CLUB NAME	CLUB ACCREDITATION AWARD?	WEBSITE ADDRESS	SEX(ES) AND AGES	TRAINING DAYS	CLUB ADDRESS	ADDRESS 2	ADDRESS 3	ADDRESS 4	POST CODE	TRAINING LOCATION (IF DIFFERENT FROM CLUB ADDRESS)	DISABLED MEMBERS ENCOURAGED?	CONTACT NAME	CONTACT NUMBER	EMAIL ADDRESS
Badminton	<i>South Oxhey Badminton Club</i>			Mainly 8-16 year olds, older members welcome		The Centre	Gosforth Lane	South Oxhey	Herts				C Morrison	07799505374	
Basketball	<i>Old Danes Basketball Club</i>			Males and Females aged 16+	Wednesdays 8pm-9pm	St Clement Danes School	Chenies Rd	Chorleywood	Herts	WD3 6EW		Yes	James Cavalier	07725002311	<a href="mailto:icav1985@hotmail.com">icav1985@hotmail.com</a>
Bowls	<i>Abbots Langley Bowling Club</i>			Men and Women	Monday - Friday	Langley Rd		Abbots Langley	Herts	WD5 0AB		Yes	John Sutton	01923 263605	<a href="mailto:j.sutton@btinternet.com">j.sutton@btinternet.com</a>
	<i>Croxley Guild of Sport</i>					The Green	Croxley Green	Herts		WD3 3HT				01923 770534	
	<i>Oxhey Bowls Club</i>			Men and Women		The Grange	Watford Heath	Watford	Herts	WD19 4EU		Yes	Brian Tollady	01923 231071	
Boxing	<i>South Oxhey Boxing Club</i>			Men and Boys	Monday -Thursday	The Old Painters Yard	Hallowes Crescent	South Oxhey	Herts			Yes	Peter McIntosh	0208 4211416	
Cricket	<i>Chorleywood Cricket Club</i>	Clubmark	<a href="http://www.cwcricket.org">www.cwcricket.org</a>	Men: 1st, 2nd, 3rd, 4th and strollers. Boys: U10/U11/U12/U13/U15/U17	Tuesday	The Common	Chorleywood	Herts				Yes	Owen Edis	01923 446412	<a href="mailto:owenedis@ntlworld.com">owenedis@ntlworld.com</a>
	<i>Langleybury Cricket Club</i>	Working towards Clubmark	<a href="http://www.langleyburycc.co.uk">www.langleyburycc.co.uk</a>	Men: 1st/2nd/3rd. Boys U10-U15. Veterans/Socials.		Langleybury	Huton Bridge	Herts		WD4 8RJ		Yes	Maxine Anderson	01923 675767	<a href="mailto:maxine_563@hotmail.co.uk">maxine_563@hotmail.co.uk</a>
	<i>Abbots Langley Cricket Club</i>	Yes - Clubmark	<a href="http://www.abbotscc.co.uk">www.abbotscc.co.uk</a>	Men, Women, Boys and Girls	Thursday	Manor House Grounds	Gallows Hill Lane	Abbots Langley	Herts			Yes	Trevor Brown	01923 490835	<a href="mailto:abbotscc@ntlworld.com">abbotscc@ntlworld.com</a>
	<i>Rickmansworth Cricket Club</i>		<a href="http://www.rickmansworthcc.co.uk">www.rickmansworthcc.co.uk</a>	Men, Boys and Girls	Thursday	Park Rd	Rickmansworth	Herts				Yes	Paul Blackwell	01923 351234	<a href="mailto:paulblackwell23@ntlworld.com">paulblackwell23@ntlworld.com</a>
Cycling	<i>CTC Herts DA - Western section</i>		<a href="http://www.ctcherts.org.uk">www.ctcherts.org.uk</a>										Peter Southworth	01442 874745	<a href="mailto:peter@psouthworth.freeserve.co.uk">peter@psouthworth.freeserve.co.uk</a>
Fencing	<i>Three Rivers Young Blades</i>		<a href="http://www.tryfencers.com">www.tryfencers.com</a>	Boys and Girls aged 7-16	Monday 7pm-8pm, Advanced class 8pm-9pm	Royal Masonic School	Princess Marina Sports Hall	Rickmansworth	Herts	WD3 4HF					
	<i>Watford Fencing Club</i>		<a href="http://www.watfordfencingclub.co.uk">www.watfordfencingclub.co.uk</a>	16+	Wednesdays 8pm - 10pm	Royal Masonic School	Princess Marina Sports Hall	Rickmansworth	Herts	WD3 4HF			Miss Juliette Hall		<a href="mailto:watfordfencingclub@btinternet.com">watfordfencingclub@btinternet.com</a>
Football	<i>Evergreen Youth FC</i>	Yes - Charter Standard	<a href="http://www.evergreenfc.co.uk">www.evergreenfc.co.uk</a>	Men, Boys, Girls and Disabled	Every night a different age group	South Way	Abbots Langley	Herts		WD5 0JL		Yes	Ian Turner	01923 266640	<a href="mailto:ianfvturner@yahoo.co.uk">ianfvturner@yahoo.co.uk</a>
	<i>Bedmond Ajax F.C</i>			Men, Boys and Girls	Varies	Bedmond Sports and Social	Toms Lane	Bedmond	Herts	WD5 0BX	Adults = Parmiters School Youth = Woodside Leisure Centre/Bedmond		Michael Lench	01923 269538	<a href="mailto:optimal@ic24.net">optimal@ic24.net</a>
	<i>Abbots Youth F.C</i>	Yes - Charter Standard	<a href="http://www.abbotsyouthfootballclub.co.uk">www.abbotsyouthfootballclub.co.uk</a>	Boys		Manor House Grounds	Abbots Langley	Herts			Various	Yes	Steve Gray	01923 26725	<a href="mailto:steven.i.gray@talk21.com">steven.i.gray@talk21.com</a>
	<i>Cassiobury Rangers FC</i>		<a href="http://www.crfc.supanet.com/~cRFC/crfcmain/">www.crfc.supanet.com/~cRFC/crfcmain/</a>	Boys U6-U18 and Ladies		Parmiters School Sports Centre	High Elms Lane	Abbots Langley	Herts	WD25 0UU			Howard Groves	01923 223700	
	<i>Croxley Guild of Sport</i>					The Green	Croxley Green	Herts		WD3 3HT				01923 770534	
	<i>Oxhey Estates F.C</i>			Men: 2 teams	Thurs - 1st team, Wed - 2nd team	The Dick Whittington Pub	Prestwick Rd	South Oxhey	Herts		Sir James Altham, Altham Way, South Oxhey		Sean McCluskey	0208 3866760	
	<i>Chorleywood Common Youth F.C</i>		<a href="http://www.ccyfc.net">www.ccyfc.net</a>	Boys:U7-U18, Girls: U7-U11		Chorleywood House Grounds	Rickmansworth Rd	Chorleywood	Herts	WD3 5SL			Roy Bennett	01923 775497	<a href="mailto:roy.bennett@ccyfc.net">roy.bennett@ccyfc.net</a>
	<i>Oxhey Jets FC</i>		<a href="http://www.oxhejets.com">www.oxhejets.com</a>	Men, Boys and Veterans	Tues and Thurs	Altham Way	South Oxhey	Herts				Yes	John Elliott	0208 4286382	<a href="mailto:oxhejets@btopenworld.com">oxhejets@btopenworld.com</a>
	<i>Oxhey United FC</i>	Applying for Charter Standard	<a href="http://www.oxheyunitedfc.co.uk">www.oxheyunitedfc.co.uk</a>	Boys & Girls: U5/U6/U7, Boys: U9/U10/U11/U13/U14/U15/U16, Girls: U13	Contact Hugh O'Neil	Oxhey Playing Fields	Green Lane	South Oxhey	Herts	WD19 4LT		Yes	Hugh O'Neil	0208 428 8029	<a href="mailto:ouyfc@hotmail.co.uk">ouyfc@hotmail.co.uk</a>
	<i>Tornado Junior Sports Club</i>		<a href="http://www.tornadojsc.co.uk">www.tornadojsc.co.uk</a>	Boys: U9/U11/U12/U14/U15/U16		Highwoodhall Lane	Pimlico	Hemel Hempstead	Herts	HP3 8SN			Stephen Mogan	07769 920424	<a href="mailto:s.mogan@ukonline.co.uk">s.mogan@ukonline.co.uk</a>

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Golf															
Gymnastics	<i>Gymnastics courses at The Centre</i>			Boys and Girls 3+		Gosforth Lane	South Oxhey	Herts		WD17 7AX			Any member of staff at the venue	0208 4284954	<a href="mailto:thecentre.southoxhey@threerivers.gov.uk">thecentre.southoxhey@threerivers.gov.uk</a>
Hockey	<i>Rickmansworth &amp; Chess Valley Hockey Club</i>		<a href="http://www.rcvhockey.freewire.co.uk">www.rcvhockey.freewire.co.uk</a>	Men, Women, Girls and Boys	Men: Tuesdays (8pm-9:30pm), Women: Wed (7:30pm-9:00pm), Juniors: Sunday 11:00am-12:30pm.	Rickmansworth Sports Club	Park Rd	Rickmansworth	Herts		St Clement Danes School, Chenies Rd, Chorleywood		Jenny Brown-Lee	01923 441898	<a href="mailto:rodbl@globalnet.co.uk">rodbl@globalnet.co.uk</a>
	<i>Rickmansworth Ladies Hockey Club</i>			Women and Girls		Scotsbridge Playing Fields	Rickmansworth	Herts		WD17 3DY			Catherine Evans	01923 288112	<a href="mailto:rline2000@hotmail.com">rline2000@hotmail.com</a>
Horse Riding	<i>Rose Hall Farm Riding School</i>						Sarrat	Herts		WD3 4PA			Marian Coleman	1442833269	
Karate	<i>Three Valleys Karate Club</i>	Yes - EKGB		Men, Women, Boys, Girls and Veterans	Thurs: Juniors - 5pm-6pm. Adults 6:30pm-8pm	Three Valleys Water	Old Mill Club Room	Rickmansworth	Herts			Yes	Graham Copperwhite	07801 677668	<a href="mailto:graham.copperwhite@ntlworld.com">graham.copperwhite@ntlworld.com</a>
Netball	<i>Watford Premier Netball Club</i>	Applying for CAPS		Women: 9 teams. Girls: U11, U12, U13, U14, U15, and U16.	Women: Thursday 7pm-9pm, Girls: Monday 6pm-8pm	Parmiters School	High Elms Lane	Garston	Herts	WD2 7JU		Yes	Gill Williams	01923 228071	<a href="mailto:gill1311@yahoo.co.uk">gill1311@yahoo.co.uk</a>
	<i>Gadeside</i>			Women	Monday	Parmiters School	High Elms Lane	Garston	Herts	WD2 7JU		Yes	P Baldwin	01923 246612	
Rugby Union	<i>Chess Valley Rugby Club</i>												Richard Miller		
Sailing	<i>Bury Lake Young Mariners</i>	Yes - RYA and AALA	<a href="http://www.blym.org.uk">www.blym.org.uk</a>	Men, Women, Boys, Girls and Veterans	Saturdays	The Aquadrome	Frogmoor Lane	Rickmansworth	Herts				Mr Russell	07767 290048	<a href="mailto:alan.russell60@virgin.net">alan.russell60@virgin.net</a>
	<i>Rickmansworth Sailing Club</i>		<a href="http://www.rickmansworthsc.org.uk">www.rickmansworthsc.org.uk</a>	Men, Women, Boys and Girls		Troy Lake	West Hyde	Rickmansworth	Herts				Ian Moore	01923 823754	<a href="mailto:ihmoore@supanet.com">ihmoore@supanet.com</a>
Swimming	<i>Three Rivers Swim Club</i>			Boys and Girls 8 - 17 years	Tuesdays	William Penn Leisure Centre	Shepherds Lane	Mill End	Herts			Yes	Iris Bangs	01923 720143	<a href="mailto:r.bnqs@aol.com">r.bnqs@aol.com</a>
Table Tennis	<i>Watford Jets Table Tennis Club</i>			Men, Women, Boys, Girls and Veterans	Tuesdays	Queens School	Aldenham Rd	Bushey	Herts	WD23 2TY		Yes	Stuart Seaholme	0208 386 3701	<a href="mailto:sseaholme@hotmail.co.uk">sseaholme@hotmail.co.uk</a>
Tennis	<i>Croxley Tennis Club</i>	Yes - Mini-Tennis Accreditation	<a href="http://www.croxley.totalltennis.net/home/home.asp">www.croxley.totalltennis.net/home/home.asp</a>	Men, Women, Boys, Girls and Veterans	Men: Mon, Ladies: Tues, Mixed: Thurs	The Green	Croxley Green	Herts		WD3 3HT			Liz Beak	01923 232841	<a href="mailto:liz.beak@talk21.com">liz.beak@talk21.com</a>
	<i>Chorleywood Tennis Club</i>		<a href="http://www.chorleywoodtennis.co.uk">www.chorleywoodtennis.co.uk</a>	Men, Women, Boys, Girls and Veterans		The Walled Garden	Lady Ela Drive	Chorleywood	Herts	WD3 5SJ			Ian Senior		<a href="mailto:iansenior@aol.com">iansenior@aol.com</a>
	<i>Rickmansworth LTC</i>		<a href="http://www.RLTC.co.uk">www.RLTC.co.uk</a>	Men, Women, Girls, Boys and Veterans		Meadow Way	Rickmansworth	Herts		WD3 2NG		Yes	Michael Lurie		<a href="mailto:michaellurie@hotmail.com">michaellurie@hotmail.com</a>
	<i>Sarratt Tennis Club</i>			Men, Women, Boys and Girls	Wednesdays	King George V Playing Fields	Sarrat	Herts					Jackie Youell	01923 261990	<a href="mailto:j.youell@virgin.net">j.youell@virgin.net</a>
Waterskiing	<i>Rickmansworth Waterski Club</i>	Yes - British Waterski Federation	<a href="http://www.rwsc.co.uk">www.rwsc.co.uk</a>	Men, Women, Boys and Girls		The Aquadrome	Frogmoor Lane	Rickmansworth	Herts	WD3 7DH			Gordon Bettis	07850 783366	<a href="mailto:gordon.bettis@btinternet.com">gordon.bettis@btinternet.com</a>
Water sports	<i>Out of Town Action Sports</i>	Yes - RYA, BCU and AALA	<a href="http://www.outoftownactionsports.co.uk">www.outoftownactionsports.co.uk</a>	Men, Women, Boys, Girls and Veterans.	Tues and Wed	The Aquadrome	Frogmoor Lane	Rickmansworth	Herts	WD3 7DH			P Linskey	01923 771120	